

## Parents Webinars Schedule May - July 2021



Parents are invited to our weekly webinars that will be running to the end of term. Every Thursday afternoon from 4.30am-5.30pm

[Click here to join the meeting](#)

**Or call in (audio only)**

[+44 20 3321 5273](tel:+442033215273), [374023416#](tel:+442033215273) United Kingdom, London

Phone Conference ID: 374 023 416#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

### Schedule

What is Early Help? **6th May 2021**

Strengthening parents' relationships  
**13th May 2021**

Dealing with loss and bereavement  
**20th May 2021**

Raising black children in today's society  
**10th June 2021**

Supporting your child with their gender and sexual identity  
**17th June 2021**

Understanding anxiety and self-harming behaviour  
**24th June 2021**

Youth Empowerment Programme  
**1st July 2021**

Employment and benefits support  
**8th July 2021**

Holistic support to address overrepresentation of BAME children and young people in the justice system  
**15th July 2021**

Supporting children and young people with health conditions  
**22nd July 2021**

Hello and welcome to the first edition of Parent Connect, the weekly newsletter for children, young people and families in Newham. We will keep you updated on services, events, consultations and information for you and your family.

If you would like us to cover a particular topic or service, please drop us an email at

[earlyhelppartnershipteam@newham.gov.uk](mailto:earlyhelppartnershipteam@newham.gov.uk)

## Strengthen, Empower and Nurture (SEN) In Newham



Parent-led Support Group for Parents/Carers with Special Needs children aged 0 –7 years

Join a support group led by our team of parent connectors with experience of caring for children with additional needs.

Connect to online sessions to meet us and other parents to talk about issues like: Acceptance...Isolation...Stigma...Accessing relevant support and services...

**Tuesday 8th June 2021 – 9.30 to 11am**

**Tuesday 22nd June 2021 – 9.30am to 11am**

**Tuesday 15th June 2021 – 9.30am to 11am**

**Tuesday 29th June 2021 – 9.30am to 11am**

Click [here](#) to join the meeting

Contact Ieva Jupe M: 07814078247 if you cannot access the link

Mencap continue running DLA form filling sessions for parents: to join please follow this link [Click here to join the meeting](#)

New parent- led support group every Tuesday for next 4 weeks to: join please follow this link [Click here to join the meeting](#)

## Newham Stories



Do you know any young people interested in mental health and wellbeing, and learning multimedia and digital production skills? If so, then tell them about Newham Stories. Newham Stories is a collaboration with Kooth, the online mental health community, where we are offering a fantastic opportunity for young people to create digital media content and share stories about mental health in Newham.

Sessions start **Thursday 10 June** with a 1 hour on Zoom session every Thursday after school. Please tell any young people you know to contact [headstart.programmeteam@newham.gov.uk](mailto:headstart.programmeteam@newham.gov.uk)

## Healthy Start Voucher Scheme



Here are some good news. The UK government will extend the Healthy Start voucher scheme to thousands of disadvantaged children under four years of age who were previously denied the support because of their families' immigration status. Matt Hancock agreed to broaden the eligibility criteria of the programme after a team of lawyers brought a legal challenge against the government on behalf of a British one-year-old and her mother.

The scheme provides vouchers worth £4.25 (£8.50 for under 1) per child per week and £4.25 to pregnant women in low-income households for milk and healthy food, but – as with other UK benefits – locks out families who do not have final settled status in the UK. The no recourse to public funds policy means thousands of households across the UK are refused basic welfare support because of their immigration status, affecting an estimated 1.4 million people according to the Joint of Welfare for Immigrants. The lawyers acted on behalf of the one-year-old – identified as child "A" – who is a British citizen and her mother, whose household income is nearly 40 per cent below the average income for households able to claim benefits.

The child's mother can live and work in the UK but is not entitled to claim benefits because of her immigration status. More details

here <https://www.bigissue.com/latest/healthy-start-hancock-agrees-to-open-healthy-food-scheme-to-children-from-migrant-families/>

**Live Well Newham** is a FREE 12-week weight management programme developed by our qualified, experienced team of dietitians, psychologists, physical activity specialists and medical professionals, to support service users in achieving their desired weight loss goals. To be eligible residents must meet all the following criteria:

- **Aged 18 or over**
- **Have a Body Mass Index (BMI) of 25 or more (or a BMI of 23 or more for adults of South Asian, Chinese and Black ethnicities)**

Find out more at [www.newham.gov.uk/health-adult-social-care/weight-management](http://www.newham.gov.uk/health-adult-social-care/weight-management)

**ARE YOU AN EU CITIZEN**

**LIVING IN NEWHAM?**

**DO YOU NEED HELP COMPLETING YOUR EU SETTLEMENT STATUS APPLICATION BEFORE**

**30th JUNE 2021?**

**WE CAN HELP WITH FREE ADVICE AND SUPPORT!**

**STAY SETTLED IN NEWHAM**



**EU Settlement Scheme**

**WWW.RENEWALPROGRAMME.ORG.UK**

**EUSS HELPLINE: 0808 196 3510**

**EUSS EMAIL: [staysettledinnewham@gmail.com](mailto:staysettledinnewham@gmail.com)**

## Stay Settled in Newham – EUSS Families

The deadline for all applications to obtain settled status is **30th June 2021**.

Please keep in mind that a decision does not need to be made by that date but an application must be submitted.

From July this year, EU nationals who haven't completed their EU Settlement Scheme (EUSS) will face losing their rights to live and work in the UK so it is really important they do. Newham Council has commissioned The Renewal Programme to assist and their details are in the attached flyer. The team will have translators and legal advisors to assist you so please support families to make contact.

EU citizens can get direct FREE advice from all of the above but are being encouraged to use the referral forms below.

Applications must be made on the [Government website](https://www.gov.uk) before 30<sup>th</sup> June 2021.

**EUSS Bilingual Helpline: 0808 196 3510**

**EUSS Support Email: [staysettledinnewham@gmail.com](mailto:staysettledinnewham@gmail.com)**  
[www.renewalprogramme.org.uk](http://www.renewalprogramme.org.uk)

## FREE ONLINE COURSE



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Do you know anyone who is still struggling to get online or update their IT skills for work or looking for work? We still have places available for the ICT courses and support will be given to help individuals to access the courses online.

Feeling isolated? Take up the opportunity to become digitally included by applying for a **HALS FREE ICT course** (Information Technology course) in which you will gain knowledge and support to become connected in the virtual world.

To apply click on the link below for more information on the courses below and then **Sign Up** and **Submit Your Application** online. If you require support through this process you can ring HALS on **020 8489 4674**

[Web.Enrol \(webenrol.com\)](http://Web.Enrol (webenrol.com)) – click here to explore and apply for the courses below

- **MS Office Skills for Working from Home – Intermediate**
- **Learn Online with MS Office Word**
- **Start up your Online Profile - Word Press**
- **Start Up Promote your Online Profile“ You Tube and Social media**
- **Using Photoshop, Illustrator and InDesign to Publish your Artwork**
- **Microsoft Office Skills Builder Level 1**
- **Ms Office Specialist Skills Builder Level 2**

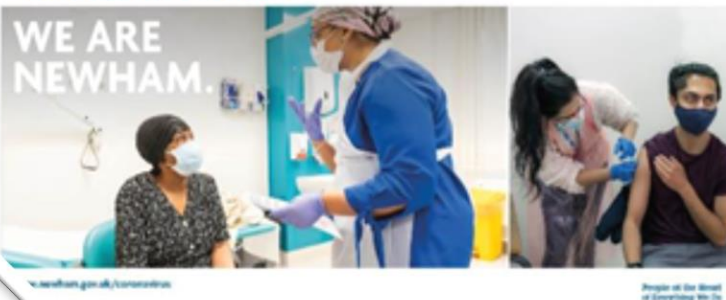
## CAMHS Wellbeing Workshops:

<https://www.eventbrite.co.uk/o/newham-camhs-workshops-23209370238>

## Ofqual – Seeking Parent/Carer feedback for Year 11 & 13 students

Ofqual is the regulator of qualifications, examinations and assessments in England. We would very much like to hear the views of parents/carers of Year 11 & 13 students about how the pandemic has impacted their child’s learning. If you are interested in sharing your views you may be able to join one of our focus groups which are held virtually on Zoom and last for just one hour. The next focus groups will be held in July and September. Please get in touch at [learning.loss@ofqual.gov.uk](mailto:learning.loss@ofqual.gov.uk) if you’d like to find out more.

## WE ARE VACCINATING.



## Vaccinations Drop-in for 18-39 year olds

On **Saturday 12 and Sunday 13 June**, East Ham Leisure Centre will be opening up as a walk-in COVID-19 vaccine centre for those who live and work in East Ham, from 8am – 7pm. The Centre will offer vaccines to **anyone aged 18 – 39 years** old who either live or work in Newham. The centre will be administering the Pfizer vaccine only. No booking will necessary, residents will need to simply turn up with your NHS number. For more information, visit

[www.newham.gov.uk/vaccinedrive](http://www.newham.gov.uk/vaccinedrive)

## Online Pop-Up CAMHS Newham – Sat, 12 Jun 2021 12:00

Sign up for a slot to receive support, help, and consultation about any mental health queries. Families and young people will be seen virtually during their designated timeslot

**Sign up here:** <https://www.eventbrite.co.uk/e/online-pop-up-camhs-newham-registration-102088330946?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=escb>