

Curriculum Map Overview - PE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Indoor Dance (Zoo)	Outdoor Locomotion Running	Indoor Gymnastics (Wide, Narrow, Curled)	Outdoor Ball skills Hands	Indoor Dance (Growing)	Outdoor Ball skills Feet
Year 2	Indoor Dance (Explorers)	Outdoor Locomotion (Dodging)	Indoor Gymnastics (Linking)	Outdoor Ball skills (Feet)	Indoor Gymnastics (Pathways)	Outdoor Locomotion (Jumping)
Year 3	Indoor Dance (Weather)	Outdoor Invasion Games (Tag rugby)	Indoor Gymnastics (Symmetry and Asymmetry)	Outdoor Striking and fielding (Rounders)	Indoor Invasion (Handball)	Outdoor Athletics (Running, throwing & jumping)
Year 4	Indoor Gymnastics (Bridges)	Outdoor Invasion Games (Tag Rugby)	Indoor Dance	Outdoor OAA (Problem solving)	Indoor Invasion (Handball)	Outdoor Athletics (Running, throwing & jumping)
Year 5	Indoor Dance	Outdoor Invasion Games (Football)	Indoor Gymnastics (Counter balance & Counter tension)	Outdoor Striking and fielding (Cricket)	Two week swimming block Indoor Object Manipulation (Handball) Throwing & Catching	Outdoor Athletics (Running, throwing & jumping)
Year 6	Indoor Gymnastics (Matching and Mirroring)	Outdoor Invasion Games (Football)	Indoor Dance	Outdoor Outdoor Adventure Activities (Orienteering)	Indoor Object Manipulation (Handball)	Outdoor Athletics (Running, throwing & jumping)

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